



Although it has been a difficult start to the year with another lockdown EDG have still been busy on the 'Our Street Our Town' project. As we head into the Summer we would like to remind you about the project and update you with what we have been doing so far....

### **The co-operative idea**

Establishing a co-operative is really about bringing people together for mutual benefit. A benefit that comes from being part of a supportive network which then offers a range of services within the wider community setting. A co-operative is rooted in the values of equality, self-help, solidarity and democracy and provides a structure for people to work together for the good of themselves and others.

### **'Our Street, Our Town'**

Our project in South Queensferry is focused on establishing a network of people whose services could be of particular interest to disabled people and families with a disabled family member.

We want to establish two co-operatives, one for those offering services and the second for people within the community, who are looking for support and would also benefit from making new connections within their neighbourhood.

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# Our Street Our Town Update Continued

## The story so far

It was been great to meet with different local people and hear about their interests and the things they have to offer - yoga, sound therapy, dance, cookery, flower arranging, training, financial advice, massage and crafts.

We will be reaching out to local people in May and look forward to meeting up again in local cafes to tell you more.

Since January we have been working with the establishing committee - working through what processes need to be in place to attract others on board and to begin to promote the network.

## An invitation

Interested to join us and learn more? Text Claire or Lindsay from EDG on: 07713355460 or drop us a line at: [clairemedwards@hotmail.com](mailto:clairemedwards@hotmail.com)

## Your Spring photos....



As things are beginning to open up again and the weather is getting better with longer brighter days you have been sending us some photos of what you have been doing. Thank you!

Joe Pomphrey was very happy to get his Covid vaccine. Here he is just after getting it. Well done Joe!



Fee Henderson is delighted that cafes are once again open for sitting inside. and that she can meet up socially with friends. Yay! Here she is in her local café.



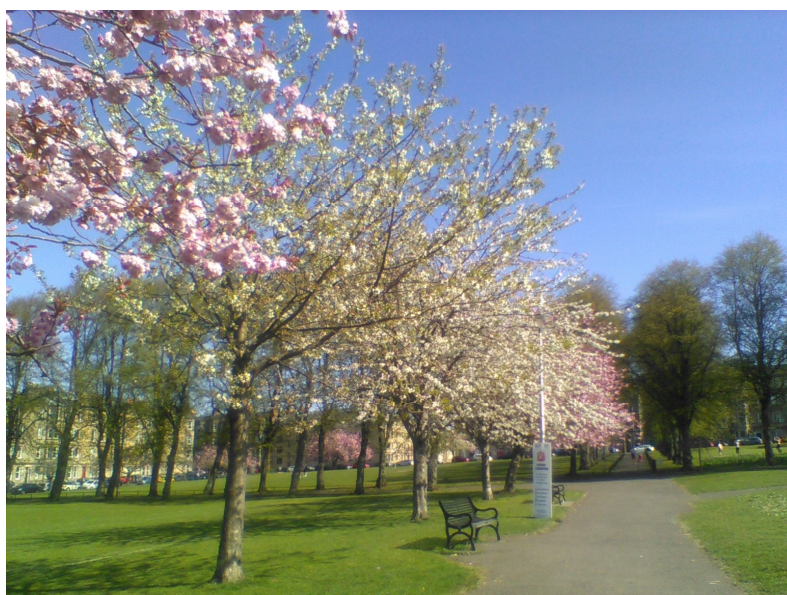


Jane Wicksted has been enjoying some lovely walks in her local area especially now that the weather is brighter. This photo was taken on a very sunny day in April.

Jane is looking forward to going back to Tiphereth and seeing her friends soon and with non essential shops now open she can't wait to go clothes shopping again soon. Enjoy Jane!

Frances MacDonald has been enjoying all the beautiful blossoms around the city on her walks. She loves taking photos and these are two lovely images.

The first photo is of Harrison Park and the second photo below is of Princes Street Gardens in full bloom!



Do you have a photo of something you would like to share? Perhaps sharing a hobby or interest or a place you have visited?

Send them to Hels at [hels@edg-sco.org](mailto:hels@edg-sco.org) and you may appear in the next newsletter.

## My view



In our new section you can tell us about something you have a view on or have been thinking about. We begin with Peter Sabine who lets us know his view on how people with learning disabilities are portrayed on TV and specifically in a programme he watches 'Emmerdale'.

I want to talk about Emmerdale. I think there are positives and negatives with how they talk about learning disability and I want to give my opinion. This is my view. Many people may have a different view from me, but from my own experience raising these themes, can only be a good thing. It is not wrong to have a view on this.

What Emmerdale did was to raise a good and bad scenario around the subject of people who have disabilities, learning or all different disabilities (for example mental health problems etc.).

When my Mum and Dad had me, I was loved and was wanted. When they were told 'Peter has a learning disability, they welcomed me to the land of the living'. After all, life is for living so please don't punish Emmerdale for just raising the issue.

There are all different organisations that can help support people who have children with a disability. If people are having problems with this then I can only imagine that help is out there for you.

I'm proud to be someone who has a learning disability. I would like people with learning disabilities to have a sigh of relief that there is no stigma around.

Raising the theme of learning disability on a soap opera gets everyone thinking and talking about it. There is a character with a learning disability in the soap and I see that as a positive.

It is only a storyline and it's something that's not spoken about very much, I think they did a brilliant job to tell people what can happen and what the down side to this is.

Stay safe over this time, Peter Sabine.



# The Belonging Network



The Belonging Network continues to meet every second Thursday 2pm - 3.30pm by Zoom meeting. One of the network members Claudia Gunn wanted to tell you more about it....

'I am very much enjoying the Belonging Network. I'm taking part and saying what I want to say. It's fun, we talk about different things and Steve does very good ice-breakers'.

'We often have a quiz which I enjoy. People show photographs and share about their lives. I like getting to know the other people in the group'.

'Come along and join us, meet some new people and see how you get on! We'd love to have you there'.

Thanks Claudia! If you are interested in taking part please in get in touch with Gillian at [gillian@edg-sco.org](mailto:gillian@edg-sco.org) or call the office on 476 0522.

The next meeting is on **Thursday 20th May** which will be an '**Inspire Yourself**' event. People can join in by showing us some of their art or some crafts they have made, singing a song, playing an instrument or perhaps reading a poem.



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**Please Note:**  
Views expressed in this  
newsletter are not necessarily  
those of the organisation  
and staff

## Crafty Brunch Club



EDG are developing a group for carers where people can come together for a chat, share some food and enjoy some crafts.

We would like to get people together in person later in the year.

Are you interested? Get in touch with Hels or Maureen on 476 0522.

## Dates for your diary...

**Inspire Yourself**  
The Belonging Network event  
Thursday 20th May 2 – 3.30pm

