



News from the

Edg

Edinburgh Development Group



March  
2021

**Join in and express yourself!**



**EXPRESS YOURSELF!**

with the belonging network

Mon 29th Mar 3.30-5pm

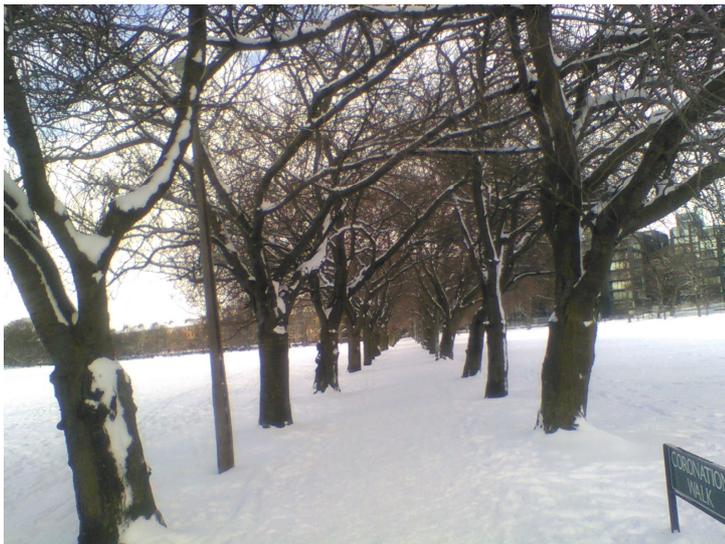
Do you have a song you want to sing?  
Some art or crafts you want to show us?  
A story you want to tell?  
Come and join our get-together on Zoom!  
Contact Gillian Allan [gillian@edg-sco.org](mailto:gillian@edg-sco.org)



# Snowy Edinburgh Photos

We have had some very snowy weather in Edinburgh in recent weeks which made everything look lovely! We have been sent some great photos from Fee Henderson and Frances MacDonal who have been taking advantage of going out for walks during lockdown. Thanks for sharing!

Firstly Fee found a snowy friend on the bench in her local park.



Frances' street (above) was covered in snow and a walk in The Meadows showing the wonderful trees and people having fun sledding!

## Lockdown news from friends of EDG



Our friend Claudia Gunn has been in touch to tell us what she has been up to in Lockdown this time. 'I've been busy, going out for drives to Musselburgh and lots of other places, walking with different support staff and getting take-aways for dinner. I have a lovely cat called Una and she likes sitting on my bed, so I have to chase her out sometimes.

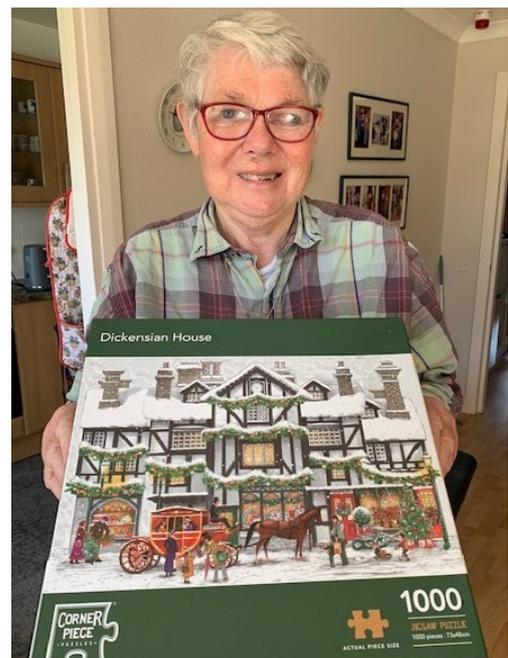
I've been making new friends on Facebook too and at the Belonging Network meetings. I chaired one of the meetings recently and enjoyed it very much. It's nice meeting new people. I miss meeting people face to face though'. Thanks for sharing your news Claudia.

Jane and Christine Wicksted tell us they have been enjoying feeding the birds and watching them coming into their garden. Jane has been going out for lovely walks too.



Frances MacDonald has been doing lots of jigsaws and her latest challenge is putting together this winter themed jigsaw. It looks great Frances, good luck with all those white pieces!

Have you been doing any new hobbies or anything interesting that you would like to share with us? Contact Hels [hels@edg-sco.org](mailto:hels@edg-sco.org) with your news and photos.



# Covid 19 Vaccinations News



People with learning disabilities are now beginning to be offered the Covid 19 vaccine. Look out for a blue NHS envelope coming through your door with your appointment date.

Unpaid carers aged 16-64 are also now being offered the vaccine too. If you fall into this category you should also either receive a letter or a phone call for your appointment. (Carers aged 65 and over should have already been offered the vaccine in previous priority groups).

If you are not registered as a carer with your GP already, there will be a self referral system being implemented this month. Get in touch with either Hels or Maureen for more information about this by emailing .... [hels@edg-sco.org](mailto:hels@edg-sco.org) or [maureenmartin@edg-sco.org](mailto:maureenmartin@edg-sco.org)

## EDG information online

You can get information about EDG and updates about some of our projects online at our websites and facebook pages.

### Websites

General EDG information : [www.edg-sco.org](http://www.edg-sco.org)

Cooperatives : [www.edgcarecooperatives.org](http://www.edgcarecooperatives.org)



**Facebook - search for**  
Edinburgh Development Group  
Empathy Edinburgh



## Carers Crafty Breakfast / Lunch Club



As the spring bulbs are coming through in our gardens and on The Meadows, I hope our thoughts might turn to a time when COVID 19 is behind us.

Making connections with other parents in similar circumstances to yourself is an opportunity we would like to offer, but in a relaxed and interesting manner. So, we are proposing a monthly session where you could use arts and craft materials to absorb yourself in 'play'. The other members would be other parents also looking for a space to connect. EDG would provide craft materials, the room and food.

Do you like this idea? Is this something you would be interested in coming to when we can all meet up?

If yes, when would you like it to be held? First thing in the morning before your day really starts or a lunchtime? What arts and crafts are you interested in?

Let us know either by emailing [maureenmartin@edg-sco.org](mailto:maureenmartin@edg-sco.org) or leave a message on our office answering machine by calling 0131 476 0522 and we will call you back when we are next in the office. We hope this is something you might be interested in and look forward to hearing from you.



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[www.edg-sco.org](http://www.edg-sco.org)

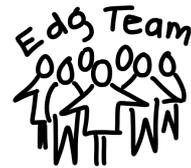
## EDG office

The EDG team are continuing to be based at home while working at the moment. You can email or leave a message on the answering machine in the office which is checked regularly (0131 476 0522).

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[hels@edg-sco.org](mailto:hels@edg-sco.org)

[gillian@edg-sco.org](mailto:gillian@edg-sco.org)



**MARCH 2021**

Scottish Charity Number  
SC020079

**Please Note:**  
Views expressed in this  
newsletter are not necessarily  
those of the organisation  
and staff

## Dates for your diary...

Express yourself Zoom event  
with the Belonging Network  
**Monday 29th March 3.30 - 5pm**

Would you like to share a photo or  
something you have been doing in  
lockdown in our newsletter?

Please get in touch with Hels by  
emailing to [hels@edg-sco.org](mailto:hels@edg-sco.org) by  
**Tuesday 6th April**

